

**PHYSICAL CULTURE AND SPORTS**

Major code: 373500

120 Semester hours (36 upper-division)

Last Name	First Name	Middle Name	U.T. EID	Date	Advisor
<b>University Core Curriculum (42 hours)</b>			<b>Kinesiology &amp; Health Core Curriculum (12 hours)</b>		
Courses listed below satisfy the University Core Curriculum and are required for a KHE degree. <b>First-year Signature Course</b> _____ UGS 302 [Wr] or 303 <b>English Composition</b> _____ RHE 306 <b>Humanities</b> _____ E 316K, 316L, 316M, 316N, or 316P <b>American &amp; Texas Government</b> _____ GOV 310L _____ GOV 312L or 312P <b>American History</b> _____ U.S. History _____ no more than 3 hours of TX history <b>Social Science</b> _____ PSY 301 <b>Mathematics</b> _____ 3 hours; see General Information Catalog for approved courses <b>Natural Sciences</b> _____ 9 hours _____ see General Information Catalog for approved courses <b>Visual &amp; Performing Arts</b> _____ 3 hours; see General Information Catalog for approved courses <b>Writing Flag [Wr]</b> _____ 3 hours			<b>"C-" or better is required in each of these courses</b> <b>Pick three of the following:</b> _____ KIN 347 HED 311 Intro. to Health Promotion & Behavioral Science [E] _____ KIN 310 Physiological Basis of Conditioning _____ KIN 312M Management of Physical Activity & Sport Programs _____ KIN 335C Motor Learning _____ KIN 347 Historical & Ethical Issues in Physical Culture & Sports [E] <b>Three hours of movement competencies: (KIN 119 or PED)</b> _____ _____ _____		
			<b>Physical Culture &amp; Sports Cognate (21 hours)</b>		
			_____ KIN 312 Sport Industry in America _____ KIN 349 History of Sport & Physical Activity [Wr, GC, II] _____ KIN 350 Sociological Aspects of Sport & Physical Activity (F, Su) _____ or KIN 352K Race and Sport in African American Life (Sp) _____ KIN 351 Philosophy of Sport & Physical Activity [Wr] _____ KIN 352K History of Physical Culture _____ Physical Culture & Sports elective See Canvas for approved list _____ KIN or HED elective (3 hours)		
			<b>Specialization, Certificate, Track, or Minor (hours vary)</b>		
			_____ _____ _____ _____ _____		
<b>University Flags (hours vary)</b>			<b>Electives (hours vary, enough to achieve a total of 120 hours)</b>		
College of Education KHE majors require the following University Flag requirements. These courses may be used to fulfill other degree requirements. Flags must be earned at UT Austin; transferred courses may be petitioned to UGS. _____ [CD] _____ [GC] _____ [QR] _____ [Wr] _____ [E] _____ [Wr] _____ [II]			_____ _____ _____ _____		
<b>Language other than English (hours vary)</b>					
<input type="checkbox"/> Completed 2 years of a single Foreign Language in High School *If not, please see canvas for KHE language policy*					
<b>Other Required Curriculum (6 hours)</b>					
<b>Social Science</b> _____ 3 hours; ANT, ECO, GRG, LIN, or SOC <b>Computer Applications</b> _____ 3 hours; see canvas for course options			A maximum of five elective courses may be taken on a pass/fail basis. A maximum of three semester hours in physical education activity (PED) coursework can be counted. A maximum of twelve fieldwork/internship hours may be counted toward the degree.		
			<b>Hours remaining</b> _____ <b>Expected graduation date</b> _____		

# Kinesiology and Health Education 4-year Plan

This is only a guide and should not replace advising as course offerings can change!

Student: \_\_\_\_\_ EID: \_\_\_\_\_ Date: \_\_\_\_\_ Advisor: \_\_\_\_\_

Major: \_\_\_\_\_ Minor/Specialization: \_\_\_\_\_ Health Profession: \_\_\_\_\_

Fall	Spring	Summer

Fall	Spring	Summer

Fall	Spring	Summer

Fall	Spring	Summer

Task to be done	Completion
Join Health Promotion Club and/or KIN Club!	
Interested in Graduate School? Visit the Sanger Learning & Career Center in Jester A115	
Interested in Health Professions? Visit the Career Design Center in PAI 5.03	

## ADVISING NOTES

### General Information Catalog

The General Information Catalog is the document of authority for all students and can be accessed by going to <http://registrar.utexas.edu/catalogs/general-information>

### Graduation and Residency Requirements

To receive a degree from the College of Education, a candidate must be registered at UT Austin either in residence or in absentia the semester that the degree is to be awarded and must apply for the degree no later than the specified deadline. Sixty hours toward the degree must be completed in residence. Coursework taken out of residence is not allowed in a student's final semester at the University.

Approved Courses for:	
High School Foreign Language Deficiency	Physical Culture & Sports Electives
* Students without two years of high school foreign language coursework must earn credit for the second college-level course in a foreign language; <b>this credit does not count toward the student's degree.</b> *	KIN 311K Sport Psychology KIN 312 Philosophy and Leadership in Sport & Physical Activity KIN 348 Psychological Aspects of Exercise (Sp) KIN 350 Sociological Aspects of Sport & Physical Activity (F, Su) KIN 352K Race and Sport in African-American Life (Sp) KIN 352K Sport, Fitness, and Mass Media [Wr] KIN 355 Media & Public Relations in Sport KIN 361 Coaching Theory & Principles I [E] (F, Su) KIN 362 Coaching Theory & Principles II (Sp) KIN 363 Theory & Practice in Strength & Conditioning (F)